



Hospice/Late-Life Care



Make every day
meaningful. Be a
hospice volunteer.



Lifespark™

Age Magnificently

The Complete Senior Health Company

Why you'll love Lifespark Hospice

You feel proud to be part of this team. Imagine the type of hospice care you'd wish for your own mother. Are you picturing a full team of compassionate professionals who worry less about clocking-out on time and more about finding ways to make your loved one relax? Or laugh? That's Lifespark Hospice.

You have the freedom to say "Yes!" You have opportunities to be creative in making the most of every remaining day for our clients. For instance, you're part of a team that:

- Helped an avid angler — who hadn't been able to fish for years — take one last family fishing trip
- Produced a surprise parade of sportscars for a hotrod-loving client.

You get to help seniors live fuller lives. As a volunteer, you have a chance to bring great happiness and comfort by tending to clients in body, mind, and spirit

It's about *being there*

Have you ever wondered if you'd make a great hospice volunteer?

Ask yourself these questions:

- Are you compassionate?
- Do you like to help people?
- Are you a good listener?
- Do you avoid being judgmental?

If so, then you've got what it takes! And we hope you consider volunteering.

Think of your role as a helpful companion. A caring, reliable presence. Someone to talk to. A person who helps with activities and small tasks. You're not there to provide personal cares or assist with medications or medical treatments. The medicine you bring is your empathy, creative thinking, and genuine self.



Your Team Members

You're joining a team of mothers, daughters, fathers, sons, friends, and widows who know what it's like to give love when it matters most. They're also hospice professionals:

- Doctors
- Nurses
- Social workers
- Spiritual and bereavement counselors
- Chaplains
- Therapists
- Hospice aides

We're in this together. We want to make your volunteer experience meaningful. You receive specialized training, so you feel confident in your role. And your team is always there to support you along the way — you share ideas and learn from one another. Also, knowing your life is busy, we give you lots of flexibility in choosing your volunteer hours.

Be a part of an extended family



FAMILY enriches life. That's why our volunteers support both the person preparing to leave this world AND the people they love. Your small acts of kindness make a big impact on family members. As a trusted companion for their loved one, you free up their time to cope with pressing matters or recharge themselves with a shower, a trip to the grocery store, or a nap in the sunshine

You improve the family's end-of-life experience. You may never know the ray of light you brought to someone who was struggling that day. But lots of times they tell you. And that's the best feeling in the world.

Doing good

For others

Up-close and personal. As a hospice volunteer, you help people live the rest of their lives the way they want. So, your visits are as unique as the families you serve. You look for ways to spark joy, soothe souls, and make a difference in someone's day. You might:

- Write letters to loved ones
- Cook simple meals
- Listen to music / sing songs
- Sit vigil
- Take walks
- Reminisce
- Read from their prayer books
- Be there, be there, be there

Behind the scenes. If working closely with clients and their families isn't the best fit for you, consider a less direct way to support them. What's your passion? Maybe you'd like to:

- Send bereavement letters
- Coordinate a remembrance event
- Do administrative hospice tasks

For yourself

Your personal experience may surprise you. While you give selflessly in this role, you also receive abundantly. The work fills your heart and lifts your spirit. You see the difference you make. You love the smiles you spark. And you return the hugs you get.

Enhance your own life.

Volunteers will tell you that hospice work brings value to your life in ways you wouldn't expect:

- Provides a sense of purpose and community
- Gives you insights into dying and grief
- Helps you coach loved ones facing loss
- Increases your ability to be present
- Lessens your fear of your own mortality
- Reminds you to LIVE MORE FULLY



Lifespark

A personal message from our Director of Chaplaincy:

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As a hospice volunteer, you're invited into a most precious space. You ease the way for a family to mend and to create stories centered around the one they love.

Reverend Jeremiah Lideen

Interested in Volunteering?

We can't wait to tell you more about our program! Or maybe you're not ready to volunteer yet, but you're ready to TALK about volunteering. We'd love to begin that conversation with you.



Please reach out.

952-737-4350

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Visit our website to apply

Thanks for considering sharing your talents with people on their end-of-life journey.



To learn more, visit lifespark.com