Hospice/Late-Life Care





Hospice and late-life care that make a difference



COMPLETE SENIOR HEALTH

We're changing the age-old story

At Lifespark, we're passionate about helping you stay you. About empowering you to do what brings you joy, to be with the people you cherish, and to live life on your terms — no matter how many candles light up your cake.

Our complete senior health model focuses on all of you, not just your physical health, so you can live a fuller, more independent life.

Our team puts you at the center

At Lifespark Hospice, we focus on you as a whole person. That includes your happiness, your comfort, your wishes, and yes, your life as you want to live it. That's where we start.

Then we surround you and your family with a team of compassionate people who look for creative ways to make every day meaningful. Your Hospice team can include our hospice medical director, nurses, social worker, spiritual and bereavement counselors, hospice aides, specially trained volunteers, music therapist, and massage therapist.

Your Hospice team meets you wherever you are on your life journey. To support you and your family, physically, emotionally, and spiritually. To keep you engaged in life. To make sure your needs and wishes are understood and honored. And to help you prepare for the transition ahead.



Hospice and late-life care for the life you love



Lifespark has a rich history of helping to spark the lives of older adults and their families. Our unique approach to hospice and late-life care reflects that same passion. Hospice is about living fully in the time you have left.

We nurture and support the elements that make your life worth living. We embrace challenges with you. We look for opportunities to relieve stress and bring comfort.

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I was hoping hospice would help Mom. I had no idea how much it would help our whole family.

Margaret F. | DAUGHTER OF HOSPICE CLIENT

Surrounding you with support

Physical support: Your Lifespark Hospice team includes medical experts who provide hands-on care and guidance. Specially trained to keep you comfortable, your Hospice team stands ready to relieve your pain and manage other difficult symptoms with medications, medical supplies, equipment, and other comfort measures.

Emotional support: During this life transition, you and your family might experience overwhelming emotions that can diminish your quality of life. We watch out for you and your family. We want to hear your thoughts, help you work through the pain, and find solutions to whatever you're up against.

Spiritual support: Whether you practice a religious faith or draw spiritual strength from nature, meditation, art, or music, our Hospice spiritual and bereavement counselors can support your spiritual wishes and beliefs. We also partner with other faith leaders.

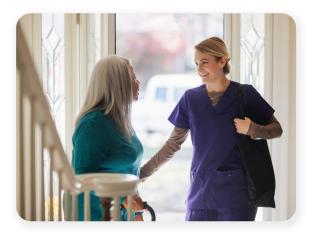
I wish we'd gotten Dad into hospice sooner. His life got so much better. Bill P. | SON OF HOSPICE CLIENT

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Hospice insurance coverage

Hospice costs are covered by most health insurance plans, Medicare, Medicaid, and the Veteran's Health Administration. If you have questions about insurance coverage, please contact us.

Once you start hospice services, you can stop anytime. Research shows the number one complaint about hospice is that people wished they'd started it sooner.



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One of the many things I love about Lifespark is that they always know exactly how to support me—even when I don't realize that's what I need.

Sue K. | DAUGHTER OF HOSPICE CLIENT

Is it time for hospice?

If you're not sure whether to enter hospice, give us a call and we'll walk you through your options, so you can make the best decision for you. If you are eligible, you may want to experience it first-hand. Then, if hospice doesn't feel right for you, you can choose one of our other in-home services.

Some of the ways Lifespark Hospice makes a difference:

- Waking up each day and looking forward to what's ahead
- Trusting that your loved ones have the support they need
- Knowing that your wishes are understood and honored
- Having healing conversations with the people in your life
- Staying connected to what brings you joy
- Being surrounded by experienced, caring team members who respect the dying process

Call Lifespark Hospice at **952-345-0919** or visit us at **lifespark.com/hospice**

Look to Lifespark to support you and your family

Lifespark is the only complete senior health model in Minnesota, transforming your experience to revolve around you wherever you call home. You get easier coordination, more personalized care, greater alignment around your goals, and a senior-savvy support team working together for you.

In addition to hospice and late-life care, Lifespark offers a full range of services to make life easier for you and your family caregivers.

Not sure where to start?

Our team is here to answer all your questions and connect you with the services and support you need.

Call today for a free consultation 952-345-0919 lifespark.com/hospice

