



Health that
revolves
around you



Lifespark™

Age Magnificently

COMPLETE SENIOR HEALTH

We're changing the age-old story

At Lifespark, we're passionate about sparking lives. About helping you stay you. About empowering you to do what brings you joy, to be with the people you cherish, and to live life on your terms — no matter how many candles light up your cake.

Our complete senior health approach helps you stay healthy at home, navigate your health options with confidence, and ultimately live a fuller, more independent life.

That's what we call ... aging magnificently.



Get more with Lifespark COMPLETE™

Our flagship program brings together everything Lifespark has to offer – our complete senior health approach, senior-savvy medical experts, in-home health services, a more complete picture of you, 24/7 support, and full coordination of services, brought right to your home.

With Lifespark COMPLETE, you can have more at no additional cost — more guidance, more support, more cost-saving options, more control over your life, and more exceptional outcomes and one of the highest customer satisfaction rates in the industry*.

* Net Promoter Score® (NPS): Lifespark at 68 NPS vs. health care industry at 38 NPS



Senior-savvy medical care

Your Lifespark COMPLETE team includes doctors, nurse practitioners and clinicians who are all highly trained in the needs of older adults — specialized training that is often hard to find.

You get providers who are better prepared to help you manage multiple health issues with a focus on both your life and health goals. Their whole-person approach translates into more meaningful time with you in the privacy of your home.

Expert medication reviews

Your Lifespark provider helps you understand the risks and benefits of your medications with guidance from specialized geriatric pharmacologists. You'll get medications that match your individualized goals and avoid common side effects.

How our approach supports you:

- More time with your Lifespark provider
- Collaboration between your in-home provider and your physicians
- Med reviews and management
- Management of complex and acute health concerns

Convenient, flexible support for you

You get in-home medical services including diagnostics and labs, giving you more flexibility and convenience.

Help when you need it

You also have access to in-home urgent care services to avoid long waits in the Emergency Room. Part of the team, Mobile Urgent Responders know your goals and may set up services to keep you home.

Support during challenging events

If you do wind up in the Emergency Room, you have a team that works in collaboration with you to streamline transitions.



A COMPLETE picture of you

What sets Lifespark apart from other providers is our complete senior health model. Because good health is more than just a medical diagnosis.

Your COMPLETE team will work with you to build a more complete picture of you, one that includes your medical profile and your life goals, preferences, and hobbies. This personalized life planning will outline your essential and everyday health needs along with your contingency plan preferences for those unplanned situations.

An ongoing process, life planning also identifies changing needs to connect you with the right resources at the right time. With a more complete picture, your Lifespark team knows you in those moments that matter.

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The Lifespark people know exactly how to talk to me about things. They all know their jobs and want to help. Because of them, I started walking. I'm not a walker, but now I do it!

Carol B. | MEMBER

How to get Lifespark COMPLETE



Expert In-Home Medical Support

Coordinated Life Management

In-Home Urgent Care

Lifespark COMPLETE is offered through participating Medicare Advantage plans at NO ADDITIONAL COST.

You may already have access to Lifespark COMPLETE.

Call to learn more at **952-873-7386**.



Scan the code or visit
lifespark.com/complete

Lifespark COMPLETE

in the lives of members

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My wife and I are both 80-plus years of age and are able to live at home because of the aid and advice of the excellent employees who work for your organization.

Dick T. | MEMBER

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I never envisioned our lives could be this good in terms of Mom's health, quality of life, and the support that I get to help her. It has truly been life-changing for both of us. I recommend Lifespark for the people receiving the services *and* the family taking care of them.

Tammy M. | DAUGHTER OF MEMBER



Lifespark™

To learn more, call 952-345-3215
or visit lifespark.com/complete.