

# Caregiver Services: *We do home care differently*

**Lifespark caregiving services** offer the extra support you want and need to live life on your terms — wherever you call home. Whether it's an aide who provides personal care or a caregiver who lives with you full time, a key difference with Lifespark is the continuous involvement and professional oversight of a RN Case Manager. All Lifespark caregivers work with an RN Case Manager who provides expert guidance and can also help with medication management and other clinical needs.

## Beyond the basics

Our hiring requirements go beyond caregiving skills. We look for people who are passionate about sparking joy in the lives of others, who are attuned to the unique needs of each individual, and who care about helping our clients live happier, healthier, more independent lives. In addition to rigorous training in our whole-person approach, all caregivers receive ongoing supervision from an RN Case Manager to make sure you get what you need and want to age magnificently!

To schedule a free consultation, **call 952-345-0919** or **visit [lifespark.com/home-care](https://lifespark.com/home-care)**.

“ Our caregiver didn't just meet our expectations but also anticipated my mother's needs. It was an amazing experience.

*Susan Z.* | CLIENT'S DAUGHTER

“ Each of the Lifespark caregivers who came to our home had unique and special qualities that helped in my recuperation.

*Mavis V.* | CLIENT

“ Can't say enough good about all of your caregivers.

*Sandy P.* | CLIENT

“ The competence of everyone at Lifespark has been so very comforting to me ... I now feel that I have more 'family' to rely on moving forward and I am very grateful.

*Gery S.* | CLIENT'S DAUGHTER

 **Lifespark™**  
*Age Magnificently*

COMPLETE SENIOR HEALTH



## 24/7 assistance for whatever you need

- Companionship and human connection
- Light housekeeping
- Fall prevention
- Meal planning and preparation
- Transportation for outings or appointments
- Respite for family members
- Walking/mobility assistance
- Bathing, dressing, and grooming
- Medication assistance
- Dementia care
- Live-in care

## Hiring and training practices

- Rigorous pre-interview screening and testing
- Thorough background checks
- Licensed and insured
- Comprehensive, ongoing training and one-on-one field coaching
- Consistent supervision by RN Case Managers
- Immersion in Lifespark's values, policies, and customer/client expectations
- Skill competency testing by an RN



**100% Satisfaction Guarantee:** You will never be charged for caregiver services that do not fully meet your expectations.

To learn more, visit [lifespark.com/home-care](https://lifespark.com/home-care) or call 952-345-0919.



# Lifespark RN Case Managers

*Personalized care, guidance, and advocacy to help you age magnificently*

**Lifespark RN Case Managers** are licensed professionals who provide personalized care and guidance that help seniors and their families live happier, healthier, more independent lives, and lower their health care costs. A core part of Lifespark Community Home Care, RN Case Managers are involved with all aspects of client care, from performing regular health and wellness checks to navigating complex health systems to coordinating services and resources.

## Proactive care planning

- Collaborates with you and your family to create a care plan for your unique needs and wishes.
- Ensures that your care plan responds to your family's needs for greater peace of mind.
- Oversees implementation of your care plan with your Lifespark caregivers.
- Anticipates your changing needs and proactively addresses them to prevent health crises.

## Coordination of care

- Manages tasks that require oversight from a licensed professional, including health and wellness checks and monitoring vital signs.
- Oversees medication management, including setup and administration.
- Communicates with your medical team, implements physician orders, and sets up skilled services covered by Medicare, as needed.
- Coordinates skilled services, such as dressing changes, infusion therapy, and wound care, when your needs exceed Medicare coverage.
- Ensures continuity of care for complex or chronic conditions after Medicare home health coverage ends.

“ I could never have cared for my wife alone. Our RN Case Manager went above and beyond, talking with physicians on our behalf so that we could have better knowledge of what was happening with Sue's progress. This level of care enhanced our relationship.

*Walter Seidlitz* | HUSBAND

“ It is amazing how my dad has bounced back with your help. I don't think we could have done this without Lifespark.

*Susan* | DAUGHTER OF CLIENT



# How Our RN Case Managers Make a Difference

## Guidance and advocacy

- Acts as your family's go-to person, helping to make their lives a little easier and less stressful.
- Owns the role of primary contact for you, your family, and your medical team.
- Provides education and guidance to help you and your family make informed decisions.
- Navigates complex health care systems and advocates on your behalf.
- Facilitates family meetings and attends care conferences, as requested.

## Additional support

- Identifies resources and coordinates services, such as transportation, housing, medical equipment, and home maintenance.
- Provides nutritional guidance and helps coordinate grocery shopping or delivery and meal planning.
- Offers support to help you maintain social connections, volunteer work, physical activities, creative pursuits, and more.



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The excellent care and companionship from my father's RN Case Manager was often the only thing that allowed me to maintain my own job over the last two years. I truly do not know what we would have done without her. When I hear others talk about their experiences with care for the elderly, I realize how fortunate we were to have someone with the care and capability to care for my dad over the entire time.

*Robin* | CLIENT'S DAUGHTER



**At Lifespark, we make  
hard situations easier.**

**Call 952-345-8770  
to learn how we can help  
you Age Magnificently!**