

Living life on your terms starts here



COMPLETE SENIOR HEALTH

More Rocking. Less Chair.

At Lifespark, we're passionate about sparking lives. About helping you stay you. About empowering you to do what brings you joy, be with the people you cherish, and live life on your terms — no matter how many candles light up your cake.

Our complete senior health model supports all areas of your well-being, not just your physical health, because life is so much more than medical care. By addressing red flags before they become health care crises, we've significantly reduced ER visits and hospitalizations, and lowered health care costs for more than 60,000 clients since 2004. Less time coordinating care, more time living life!

Ready to change the age-old story? Let's do this!



Lifespark COMPLETE— Age Magnificently

Our flagship program brings together everything you need to age magnificently — a holistic, life-sparking approach, 24/7 access to everyday health needs, in-home medical experts, added coordination of services, and in-home urgent care to avoid long ER waits, brought right to your door.

With Lifespark COMPLETE™, you get more at no additional cost — more guidance, more support, more cost-saving options, more control over your life, and one of the highest customer satisfaction rates in the industry*.



Expert In-Home Medical Support

Dedicated Life Management

In-Home Urgent Care

Learn more at lifespark.com/complete

*Net Promoter Score® (NPS): Lifespark at 68 NPS vs. health care industry at 38 NPS

In-home services and support, wherever you call home

Lifespark's full continuum of services offers the support you need to live a sparked life, wherever you are in your life journey.





Lifespark COMPLETE™

Our in-home medical experts work with you and your care team for a more coordinated, concierge-level experience where health services revolve around you at home.

Available at no additional cost under partnering health plans.



Community Home Care

Our RN Case Managers and licensed Caregivers work together to provide a seamless home care experience for you and your family. With the expert guidance and ongoing involvement of an RN Case Manager, Lifespark's Home Care team improves health outcomes for our clients.



Senior Living

Lifespark is reinventing the senior living experience with our holistic, life-sparking approach that focuses on all areas of well-being to help you stay as independent as possible. Here, we do whatever it takes to keep you home, so any level of service you want, we have it.



Skilled Home Health

If you've had a recent injury or illness, or you've just gotten a new diagnosis, our Home Health professionals can help you improve your strength, well-being, and self-confidence so you can enjoy greater independence.



Late Life/ Hospice

Our team of compassionate professionals is dedicated to making every day meaningful and comfortable for our clients. Music therapy, massage, Scrabble, a day at the spa? If it sparks your life, we'll work to make it happen.



My mom owes her life to Lifespark and everything they do for her.

Maureen S. | Daughter of Member

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I wish we'd gotten Dad into hospice sooner. His life got so much better.

Bill P. I SON OF HOSPICE CLIENT



I like to call out great service when I see it and there is no question that Lifespark has continuously exceeded my expectations.

Shelley T. | DAUGHTER OF CLIENT



Not sure where to start? Call 952-345-0919

to connect with one of our friendly Navigation Specialists!



Learn more at lifespark.com

A more COMPLETE experience

Lifespark is the only complete senior health model in Minnesota, transforming your experience to revolve around you wherever you call home. You get easier coordination, more personalized care, greater alignment around your goals, and a senior-savvy support team working together for you.





To learn more, visit lifespark.com or call 952-345-0919.