



Senior Living



Senior living
communities *for*
how you want to live



Lifespark™

Age Magnificently

COMPLETE SENIOR HEALTH

We're changing the age-old story

At Lifespark, we're passionate about sparking lives. About helping you stay you. About empowering you to do what brings you joy, to be with the people you cherish, and to live life on your terms — no matter how many candles light up your cake.

Our complete senior health model helps you stay healthy at home, navigate your health options with confidence, and ultimately live a fuller, more independent life.

That's what we call ... aging magnificently!



A more magnificent approach to senior living

Lifespark is reinventing the senior living experience to help spark the lives of seniors and their families. What makes Lifespark Senior Living unique is our whole-person model and the thought-leadership of world-renowned geriatrician and author, Dr. Bill Thomas, Lifespark Independence Officer. This foundation shapes every aspect of Lifespark Senior Living, from in-depth staff training and a true focus on you to an emphasis on strength, purpose, and belonging that produces vibrant communities.

At Lifespark Senior Living, you have greater freedom, convenience, flexibility, independence, and control over decisions that matter to you and your family.



Whole-person senior living



Lifespark Senior Living communities are designed for how and where you want to live. While each community is unique, what they all share is our holistic, life-sparking approach with a focus on building strength, purpose, and belonging.

Lifespark Senior Living puts you and your desires at the center. All staff are immersed in Spark Pillar training, developed by Dr. Bill Thomas to defeat ageist thinking and eliminate restrictions that prevent residents from living full and meaningful lives.

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“Lifespark honors my wishes and helps me be who I am, right where I want to be.

Marguerite W. | RESIDENT

How you want to live

Lifespark Senior Living is a place you can call home, literally, because here, even if your needs change over time, we work to keep you home. Same campus, same staff, same dining room, and as much as possible, same apartment, so you only need to hang the family photos once.

That level of convenience is imbedded in everything we do: senior-savvy primary care that comes to you; physical, speech, or occupational therapy in your home on your schedule; ditto X-rays, EKGs, and ultrasound; and if you need more medical care, we can often bring higher level care right to your apartment.

Wherever you are on your life journey, we offer support when you need it and give you space when you don't.



Better together

The concept for “Better Together” dates back to the 1400s with the creation of “friendly societies,” or mutual aid societies, where people came together to help one another through good times and bad. Expanding on that idea, Lifespark communities are dedicated to helping people of all ages and abilities to experience joy, adventure, and peace in daily life.

Discover the power of a Lifespark community in bringing together residents, families, and staff through unique opportunities to grow stronger together and live longer, better lives.



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The Lifespark team has been nothing short of fabulous in taking care of my elderly mother. Incredibly responsive, no matter the request or need.

Jeffrey R. | SON OF RESIDENT

Lifespark COMPLETE — Age Magnificently

Our flagship program brings together everything you need to age magnificently — a holistic, life-sparking approach, 24/7 access to everyday health needs, a dedicated advisor to guide you and your family, access to in-home medical experts, and full coordination of services and resources, brought right to your door.

With Lifespark COMPLETE™, you get more at no additional cost — more guidance, more support, more cost-saving options, more control over your life, and one of the highest customer satisfaction rates in the industry*.

**Expert In-Home
Primary Care**

**Dedicated
Life Management**



Learn more at **lifespark.com/complete**

*Net Promoter Score® (NPS):
Lifespark at 68 NPS vs. health care industry at 38 NPS

A more COMPLETE experience

Lifespark is the only complete senior health model in Minnesota, transforming your experience to revolve around you wherever you call home. You get easier coordination, more personalized care, greater alignment around your goals, and a senior-savvy support team working together for you.

In addition to Senior Living, Lifespark offers a full range of services to help you live as independently as possible.

Not sure where to start?

Our team is here to answer all your questions and provide the support you need to live life on your terms.

Call for a free consultation

612-259-1998

lifespark.com/senior-living



Lifespark™

To learn more, visit lifespark.com